

WELLNESS & HEALTH SCREENING PACKAGES

PACKAGE TYPE	DESCRIPTION	BASIC	COMPREHENSIVE		PEARL	GOLDEN
		Male/Female	PACKAGE 1	PACKAGE 2	Female	Male/Female
Gender						
Physical Examination & Vital Signs	Measurement of height, weight, blood pressure, BMI, BMR and others.	★	★	★	★	★
Chest X-ray	Detection of lung and heart diseases.		★	★		★
Electrocardiogram (ECG)	Diagnostic test assist in determining a wide range of heart conditions.		★	★	★	★
Ultrasound of Upper Abdomen	Imaging test to examine liver, gallbladder, spleen, pancreas, & kidneys.			★	★	★
Ultrasound of Pelvis	Imaging test to examine the organs and structures in the pelvic area.				★	
Stress Exercise (ECG)	Diagnostic test to detect heart condition and exercise tolerance.			★		
Audiometry	Measuring hearing acuity for variations in sound.		★	★	★	★
Spirometry	Measure breathing and helps in the diagnosis of lung diseases.		★	★		★
Bone Density Scan (DEXA-Scan)	Commonly used to diagnose osteoporosis.					★
PAP Smear Exam	Gynaecological assessment for early cervical cancer.				★	
Medical Report & Consultation by Specialist	Medical review of test results by Specialist.		★	★	★	★
Medical Report & Consultation by MO	Medical review of test results by Medical Officer.	★				
Laboratory Investigation						
Full Blood Count (FBC)	Measures the number and status of different types of blood cells, including red cells, white cells and platelets.	★	★	★	★	★
Urine FEME	Urine analysis	★	★	★	★	★
Fasting Blood Sugar	Diabetes screening.	★	★	★	★	★
Lipid Profile	Help determine risk of heart disease.	★	★	★	★	★
Renal Function Test	Evaluate how well the kidneys are working.	★	★	★	★	★
Liver Function Test	Help diagnose liver disorders.	★	★	★	★	★
Rheumatoid Factor	Helps diagnose rheumatoid arthritis.		★	★		★
Thyroid Function Test	Checks the levels of the hormones made by the thyroid gland.		★	★	★	★
Hepatitis A Virus Screen	Screening for Hepatitis A.		★	★		
Hepatitis B Virus Screen	Screening for Hepatitis B.	★	★	★	★	
Tumour Markers	Tumour markers are used for early detection of some cancer.					
CEA	Tumour marker for gastrointestinal system.		★	★	★	★
AFP	Tumour marker for liver cancer.		★	★	★	★
PSA (for male above 40 years old)	Tumour marker for prostate cancer.					★
CA 125	Tumour marker for ovarian cancer.				★	★
CA 15.3	Tumour marker for breast cancer.				★	
HbA1C	Average level of blood sugar control over the previous 3 months.		★	★		★
Helicobacter pylori (H. pylori) IGG	Screening for h.pylori infection.		★	★		★
HSCRIP	Moderate risk for heart disease.		★	★		
PACKAGE PRICE (RM)		200.00	628.00	1,050.00	780.00	988.00

Optional Tag-on Test:

- Bone Density Scan(DEXA-Scan)
- Colonoscopy
- CT-Scan
- Gastroscopy
- Mammogram
- Pap Smear
- Stress Test
- Tumour markers
- Ultrasound

Preparing for your health screening



General

- It is recommended that you commence fasting 10 hours before your health screening test.
- Only consume plain water if thirsty.
- If the test you have chosen requires a stool sample the staff will notify you beforehand.
- Please bring along your previous medical reports and x-ray if any.
- Please do not take any medication in the morning till after your blood sample has been taken (except for anti-hypertension drugs)
- For ladies, please inform our radiographer if you are pregnant or if you suspect you are.

Stress Test

- Please wear loose attire and bring along your jogging shoes.
- Refrain from eating or smoking at least 1 hour before the test.
- A light meal is advisable to be taken without any butter, cream, caffeine or alcohol.
- Please take your medication as usual unless advised otherwise by the doctor.

Pap Smear

- It is best to schedule your appointment at least 1 week after your last day of menstruation. The optimal time for a pap smear test is 2 weeks after your last day menstruation.

Mammogram

- Schedule the test for a time when your breasts are least likely to be tender. Usually during the week after your menstrual period.
- Avoid using deodorant, lotions, powders, cream or perfumes under your arms or on your breast as metallic particles could be visible on your mammogram and cause confusion.
- Consider an over the counter pain medication if you find that having a mammogram is uncomfortable.

If you have any questions, please contact our Health Screening Department at **603 – 6141 8533**.



Call us now!

+603 6141 8533

Address

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Business Hours

Monday - Friday 8.30am - 5.30pm
Saturday 8.30am - 1.00pm
Closed on Sundays & Public Holidays

Evening Clinics (selected specialties only)

Monday - Wednesday 6.00pm - 9.00pm



We provide comprehensive
health screening services
for you and your family



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